

HKU LKS Faculty of Medicine Comprehensive Primary Healthcare Collaboratory 香港大學綜合基層醫療健康協作平台

# Primary Healthcare Summit 2024

# <sup>Nov</sup> 2024 Primary Healthcare Reform: **Towards a Better Future**

https://phcsummit2024.hk/

Programme

Book

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Local Solutions for Global Issues – Community Ownership of Health Measures





# **Professor Xiang Zhang**

President and Vice-Chancellor, The University of Hong Kong

On behalf of The University of Hong Kong, it gives me great pleasure to welcome our esteemed guests to the Primary Healthcare Summit, hosted by HKUMed's Comprehensive Primary Healthcare Collaboratory.

In a world that is increasingly at risk from a myriad of complex challenges such as economic disparity, ageing populations, climate change, and epidemic outbreaks, establishing a robust primary healthcare system paves a critical path to maintaining the overall health and wellbeing of individuals and communities.

Created early this year, the Comprehensive Primary Healthcare Collaboratory takes a leadership role in advancing primary healthcare standards through quality education, research and knowledge exchange. This two-day Summit presents a wonderful opportunity for us to come together and reaffirm our commitment to building primary healthcare as a strong foundation for a brighter, healthier future.

Please accept my best wishes for a successful and productive Summit.



#### **Professor Chak-sing Lau**

Vice-President & Pro-Vice-Chancellor (Health) (Interim), The University of Hong Kong Dean of Medicine Daniel CK Yu Professor in Rheumatology & Clinical Immunology Chair Professor of Rheumatology & Clinical Immunology

It is with great pleasure that I extend a warm welcome to you all to attend this first Primary Healthcare Summit, organized by the Comprehensive Primary Healthcare Collaboratory (CPHC), HKUMed.

Hong Kong has been striving to advance its primary healthcare in recent years through promoting primary care collaboration, strengthening primary care capacity, enhancing primary care services and engaging the community. The Primary Healthcare Blueprint was launched by the government in 2022 to provide a comprehensive strategy to steer the city's primary healthcare development. In HKUMed, we also established the CPHC at the start of the year to play our part in this important healthcare development, through multidisciplinary education and professional training, research, and knowledge exchange.

The Summit aims to bring together healthcare professionals, policymakers, researchers, service providers, industry partners and other stakeholders at the community to share and discuss the latest updates, innovations, and challenges in primary healthcare reform. Our keynote speakers and panelists are renowned experts in the field of primary healthcare and will provide valuable insights on various topics in the domains of Education, Health Informatics, Medical, Policy, Public Health and Social Healthcare, both domestic and overseas. We are also delighted to have the Department of Health, the Hospital Authority and the Primary Healthcare Commission to be our key supporting organisations of this event.

I am confident that you will find the Summit both informative and fulfilling, and we look forward to your participation in this event to propel primary healthcare development.





#### **Professor William Wong**

Chair of Scientific Programme Committee Medical Convenor, Comprehensive Primary Healthcare Collaboratory Clinical Professor & Chairperson, Department of Family Medicine and Primary Care, School of Clinical Medicine, HKUMed

It is with immense honour and pride that I extend my heartfelt congratulations on the resounding success of the Primary Healthcare Summit 2024, a momentous event orchestrated by Comprehensive Primary Healthcare Collaboratory (CPHC) in collaboration with the Primary Healthcare Academy (PHA) and my department, the Department of the Family Medicine and Primary Care (FMPC), LKS Faculty of Medicine (HKUMed), the University of Hong Kong among other esteemed organisations. This Summit marks a pivotal stride forward in propelling Hong Kong's primary healthcare (PHC) reform and development, showcasing the Faculty's unwavering dedication and commitment to this vital cause.

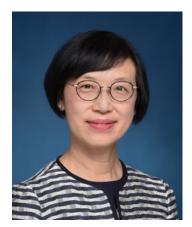
May the Primary Healthcare Summit 2024 stand as a beacon of success, illuminating the path towards substantial reform that truly addresses the needs of our communities. Congratulations once again, and may the transformative insights shared here continue to galvanize and steer us towards a brighter future in healthcare.



#### **Professor David Bishai**

Public Health Convenor, Comprehensive Primary Healthcare Collaboratory Director and Clinical Professor, School of Public Health, HKUMed

After the blueprint comes the building. This summit will help all of us build the primary health care system Hong Kong needs.



#### **Professor Sophia Chan**

Policy Convenor, Comprehensive Primary Healthcare Collaboratory Senior Advisor, President's Office, The University of Hong Kong Professor and Director, HKU Primary Health Care Academy, HKUMed

It is with great pleasure that I extend a warm welcome to all of you attending the Primary Healthcare Summit 2024. As we convene to thoughtfully address the pivotal challenges and innovative developments shaping this vital field, I am truly invigorated by the prospect of engaging in enriching dialogue that will drive meaningful progress and elevate the wellbeing of communities here in Hong Kong and across the global landscape.

Hong Kong is embarking on a very exciting new journey in primary healthcare. I believe that by coming together, we can collaborate to build an even stronger, more equitable primary healthcare system.

Welcome to Hong Kong !



#### **Professor Julie Chen**

Education Co-convenor, Comprehensive Primary Healthcare Collaboratory Assistant Dean (Student Wellness & Engagement) Director, Medical Ethics and Humanities Unit (School of Clinical Medicine) Chief of Undergraduate Education, Department of Family Medicine and Primary Care, School of Clinical Medicine, HKUMed

To build and sustain a robust primary healthcare workforce, it is essential to inspire and equip those in the healthcare professions across the education continuum with the skills and mindset to provide effective community-based care. I am very excited to welcome a diverse range of speakers and participants to share ideas and bring forth new ways of thinking about how to move forward with primary healthcare education from the undergraduate level to continuing professional development. Looking forward to welcoming you all to the Summit!





# **Professor Gilberto Leung**

Education Co-convenor, Comprehensive Primary Healthcare Collaboratory Associate Dean (Teaching and Learning) Clinical Professor, Department of Surgery, School of Clinical Medicine, HKUMed

Welcome to the HKUMed Primary Healthcare Summit 2024! The paradigm shift from our current hospital-based, treatment-orientated healthcare provision model to a community-based and preventionorientated approach under the Government's Primary Healthcare Blueprint calls for an urgent rethink about our professional training systems, from curriculum design and assessment to interprofessional collaborations and the effective and responsible adoption of advanced technologies in healthcare and education. I look forward to the fruitful exchanges and contributions from all of you in realising our goals during this momentous and critical development.



#### **Professor Emily Tse**

Assistant Dean (Health System Advancement) Clinical Assistant Professor, Department of Family Medicine and Primary Care School of Clinical Medicine, HKUMed

As a member of the HKUMed Comprehensive Primary Healthcare Collaboratory, I warmly welcome you all to join the Primary Healthcare Summit 2024. Discussions in this 2-day Summit will make a valuable contribution to our building a stronger alliance for developing the primary healthcare system in Hong Kong.



#### **Professor Eric Wan**

Health Informatics Convenor, Comprehensive Primary Healthcare Collaboratory Assistant Professor, Department of Family Medicine and Primary Care, School of Clinical Medicine and Department of Pharmacology and Pharmacy, HKUMed

Welcome to the Primary Healthcare Summit 2024. One of the key themes is to explore innovative solutions in health informatics to enhance primary healthcare. Key topics include how to use primary care data to improve clinical practice, and the power of integrating medical, social, and community data to address evolving population health needs. By gathering renowned scholars, policymakers, and frontline providers across multidisciplinary from multidisciplinary backgrounds, we aim to identify strategies to enhance accessible, equitable, and patient-centered primary care delivery through data-driven insights. The discussions and recommendations from this summit will be consolidated into a comprehensive narrative report to shape the future of primary healthcare. We look forward to insightful dialogue and collaborative efforts that will drive meaningful progress in primary care reform.



#### **Professor Doris Yu**

Social Healthcare Convenor, Comprehensive Primary Healthcare Collaboratory Professor, Chair, Research, School of Nursing, HKUMed Associate Director, Sau Po Centre on Aging, HKU

It is with my great pleasure to welcome you to the first Primary Healthcare Summit, organized by the HKU Med Comprehensive Primary Healthcare Collaboratory (CPHC). As the Convener of the CPHC Health-Social Collaboration domain, I believe strategic interdisciplinary partnership is the cornerstone to create a seamless, responsive and integrative primary care system. The Primary Healthcare Summit offers an interactive platform to gather thought leaders to brainstorm innovative solutions to turn the reform initiatives in the Hong Kong Primary Healthcare Blueprint 2022 into action. I am confident that the synergistic idea exchange and influential debate in the Summit would contribute to the development of a sustainable, efficient and integrative primary healthcare system in Hong Kong and beyond.



# Professor Chung-mau Lo, BBS, JP

Secretary for Health, The Government of the Hong Kong Special Administrative Region

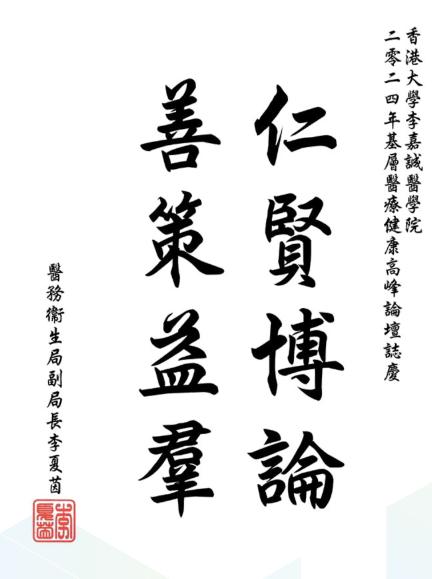


Primary Healthcare Summit 2024 - Congratulatory Messag



# Dr. Libby Lee, JP

Under Secretary for Health, The Government of the Hong Kong Special Administrative Region





#### Mr. Thomas Chan, JP

Permanent Secretary for Health, The Government of the Hong Kong Special Administrative Region

My heartfelt congratulations to The University of Hong Kong Li Ka Shing Faculty of Medicine (HKUMed) on launching its inaugural Primary Healthcare Summit.

The Summit brings together healthcare professionals, scholars, researchers and key stakeholders across multiple domains. Hong Kong embarks on its marathon of primary healthcare reform with the announcement of the Primary Healthcare Blueprint in December 2022. The Summit provides an opportune forum as a refuelling station for exchanging knowledge and sharing insight in the course of driving primary healthcare and discussing salient issues encountered by Hong Kong and the international community alike.

As a pioneer in medical education, training and research, HKUMed has long been an indispensable leader in the continuous advancement of Hong Kong's healthcare system and professional standards. The establishment of the Comprehensive Primary Healthcare Collaboratory in 2024 stands as a testament to HKUMed's vision and commitment to enhancing primary healthcare standards in Hong Kong through educational initiatives, research, and knowledge exchange.

The Government is committed to championing the development of primary healthcare together with the community. We established the Primary Healthcare Commission in July 2024 to oversee the service supply, standard setting, quality assurance and personnel training related to primary healthcare through a comprehensive, collaborative and evidence-based approach. New insights and sustained partnerships with healthcare stakeholders gained through this Summit will be a catalyst that brings visions and strategies into reality.

I sincerely wish this Summit a great success that paves the way for the primary healthcare reform for many years to come.



#### **Dr. Fei-chau Pang**

Commissioner for Primary Healthcare, Health Bureau, The Government of the Hong Kong Special Administrative Region

# Empowering Health, Enriching Lives :

Together Towards a Brighter Future in

Primary Healthcare.



#### Dr. Ronald Lam, JP

Director of Health, The Government of he Hong Kong Special Administrative Region



二零二四年基層醫療健康高峰論壇誌慶香港大學李嘉誠醫學院



**Dr. Tony Ko** Chief Executive, Hospital Authority

I am delighted to offer my heartfelt congratulations to the Comprehensive Primary Healthcare Collaboratory (CPHC), Li Ka Shing Faculty of Medicine of the University of Hong Kong on successfully organising the Primary Healthcare Summit 2024. The Hospital Authority (HA) is honoured to be one of the key supporting organisations, striving together for a better future of healthcare with allcounterparts.

Hong Kong has been facing major challenges brought about by a rapidly ageing population and increasing prevalence of chronic diseases, resulting in the overloaded situation of the public healthcare services. It is well known that 'prevention is better than cure'. HA has been in full support of the Government's determined efforts in enhancing district-based primary healthcare services as manifested in its Primary Healthcare Blueprint to shift the emphasis of the present healthcare system and people's mindset from treatment oriented to prevention.

The establishment of the CPHC is an admirable step in promoting primary healthcare services. Themed "Primary Healthcare Reform: Towards a Better Future", this summit offers a vital platform for local and overseas speakers to share their insights and experiences to strengthen primary care initiatives. It will undoubtedly generate inspiring discussions that help shape a brighter future for our healthcare.

I extend my best wishes to CPHC for a successful summit and continued excellence.





# **Key Supporting Organisations**





基層醫療署 **Primary Healthcare Commission** 

# **Supporting Organisations**













An Initiative of Comprehensive Primary Healthcare Collaboratory 综合基层器療健康協作平台推動之項目













An Initiative of Comprehensive Primary H 综合基层器療健康協作平台推動之項目





A









香港復康會 The Hong Kong Society for Rehabilitation





➡ 基督教聯合那打素社康服務 UNITED CHRISTIAN NETHERSOLE COMMUNITY HEALTH SERVICE



# Acknowledgment to Sponsors

**Title Sponsors** 





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Supporter



Day 1 - Nov 8, 2024			
Main Venue: Lecture Theatres 3-4			
09:00-09:30	Opening Ceremony		
09:30-10:15	Keynote Lecture :		
	Primary Care – Art is Long		
	Speaker: Professor Cindy Lam		
	Moderator: Professor William Wong		
10:15-11:00	Plenary Session 1 :		
	Recent and Upcoming Primary Healthcare Initiatives in Hong Kong		
	Topic: Recent and Upcoming Primary Healthcare Initiatives in Hong Kong		
	•   Speaker: Dr. Fei-chau Pang		
	Topic: Bridging the Gap: Integrating Mental Health into Primary Care		
	•   Speaker: Dr. Candice Powell		
	Moderator: Professor Sophia Chan		
11:00-11:10	Tea Break		
11:10-12:40	Plenary Session 2 :		
	Primary Healthcare and Health Policy		
	Topic: Primary Healthcare and the Keys to Unlocking Prevention and Management of Noncommunicable Diseases		
	•   Speaker: Dr. Douglas William Bettcher		
	Topic: Global Health Security, Universal Health Coverage, and Primary Health Care: A health and care workforce perspective		
	•   Speaker: Mr. James Campbell		
	Moderator: Professor Sophia Chan		
12:40-12:50	Break		
12:50-13:50	Lunch Symposium 1 :		
	Data-Driven Evidence-Based Practices in Primary Healthcare: A Global Perspective		
	Topic: Real-World Evidence: How Primary Care Data Drives Clinical Policy and Practice in the United Kingdom		
	Speaker: Professor Ian Douglas		
	Topic: Reforming Primary Healthcare: Learnings from Primary Care Practice and Research in Canada		
	Speaker: Professor Peter Tanuseputro		
	Moderator: Professor Eric Wan		

# Day 1 - Nov 8, 2024

Main Venue: Lecture Theatres 3-4



# Day 2 - Nov 9, 2024 Main Venue: Lecture Theatres 3-4 09:00-10:30 **Plenary Session 4:** Addressing the Needs of the People through Primary Healthcare **Topic:** The Future of Primary Care: Meeting the Health Care Needs of the People of the World • | Speaker: Professor Michael Kidd Topic: Hong Kong Primary Healthcare Reforms: An International Perspective • | Speaker: Professor Martin Roland • | Moderator: Professor William Wong 10:30-10:40 **Tea Break** 10:40-12:10 **Plenary Session 5:** Asset-Based Community Development (ABCD) to Optimise Primary Healthcare Topic: Capacity Building to Optimise Healthy Lifestyle in Primary Care: **Shaping Future Strategies with Today's Experience** • | Speaker: Professor Samuel Wong **Topic:** Strategies And Challenges to Promote Health-social Collaboration in Building the Capacity for **Promoting Mental Health in Primary Care** • | Speaker: Professor Terry Lum **Topic:** Capacity Building for Primary Healthcare: Strategies for Policy Influence and Advocacy • Speaker: Dr. Ching-choi Lam • | Moderator: Professor Doris Yu 12:10-12:20 Break 12:20-13:20 Lunch Symposium 2 : Disease Management and Self-Help through Technology -Innovation, Entrepreneurship, and Evidence Topic: How self-help tech can improve patient outcomes • Speaker: Dr. Kenneth Tsang Topic: Optimising chronic disease self-care in family: The technology-humanity momentum • | Speaker: Professor Doris Yu **Topic:** Success Factors for Self-help Tech Start-ups • | Speaker: Professor Jason Yuzhang Huang • | Moderator: Dr. Swee Kheng Khor

# Day 2 - Nov 9, 2024

Main Venue: Lecture Theatres 3-4



#### **Floor Plan**

G/F, William MW Mong Block, 21 Sassoon Road Pok Fu Lam





**Keynote Lecture** 

# Primary Care - Art is long

Date 8 November 2024 | Time 09:30 - 10:15 | Venue Lecture Theatres 3-4



# Speaker Professor Cindy Lam

Emeritus Professor, Department of Family Medicine and Primary Care, School of Clinical Medicine, HKUMed

Prof Cindy Lam is Emeritus Professor, and Honorary Clinical Professor of the Department of Family Medicine & Primary Care, School of Clinical Medicine, Li Ka Shing Faculty of Medicine, The University of Hong Kong. She was appointed Danny D. B. Ho Endowed Professor (Family Medicine) from 2012 to 2024. She is a member of the Steering Committee on Primary Healthcare Development and Convenor of the Advisory Committee on the Primary Care Directory. She is Chief Censor and Honorary Fellow of the Hong Kong College of Family Physicians. Cindy has worked in academic family medicine as well as a family doctor for over 30 years after graduation with the M.B.B.S. degree from the University of Hong Kong in 1981. She was awarded the best female medical graduate prize by the HKU Alumni Association in the same year. She was conferred M.D. by the University of Hong Kong in 2003 for her research on health-related quality of life. Her other research interests are evaluation of quality and outcomes of primary care for patients with chronic diseases and primary mental health care. She has published over 350 peer-reviewed journal papers.



# Moderator

## **Professor William Wong**

Medical Convenor, Comprehensive Primary Healthcare Collaboratory Clinical Professor & Chairperson, Department of Family Medicine and Primary Care, School of Clinical Medicine, HKUMed

# Plenary Session 1 Recent and Upcoming Primary Healthcare Initiatives in Hong Kong

Date 8 November 2024 | Time 10:15 - 11:00 | Venue Lecture Theatres 3-4



# Speaker Dr. Fei-chau Pang

Commissioner for Primary Healthcare, Primary Healthcare Commission, Health Bureau

#### **Topic: Recent and Upcoming Primary Healthcare Initiatives in Hong Kong**

Dr. Fei-chau Pang is the current Commissioner for Primary Healthcare, Health Bureau of the Government of the Hong Kong Special Administrative Region. He is the president of the Hong Kong College of Community Medicine. Dr. Pang is an experienced health service executive and have been the Head of Human Resources of the Hospital Authority to provide strategic advice and leadership to the HR function of over 40 public hospitals. He was appointed as the member of the Elderly Commission of the Government of the Hong Kong Special Administrative Region between 2015-2019. He was the elected Council member of The University of Hong Kong in 2021/22.



Speaker

Dr. Candice Powell

Chief Executive Officer, Mind HK

#### Topic: Bridging the Gap: Integrating Mental Health into Primary Care

Dr. Candice Powell serves as the CEO of Mind HK. With nearly 15 years of experience in clinical psychology, Dr. Powell specializes in transdiagnostic therapy, low-intensity psychological support, mindful parenting, and internet therapy. She is a licensed clinical psychologist on the Accredited Register of the Hong Kong Government and a fellow of The Hong Kong Psychological Society. Dr. Powell is an active member of the academic and research community. She holds an honorary lectureship at The University of Hong Kong and has collaborated on multiple research initiatives with both local and international institutions.



#### Moderator

# **Professor Sophia Chan**

Policy Convenor, Comprehensive Primary Healthcare Collaboratory Senior Advisor, President's Office, The University of Hong Kong Professor and Director, HKU Primary Health Care Academy, HKUMed

# Plenary Session 2 Primary Healthcare and Health Policy

Date 8 November 2024 | Time 11:10 - 12:40 | Venue Lecture Theatres 3-4



Speaker Dr. Douglas William Bettcher

Senior Advisor, Director-General's Office,World Health Organization

#### Topic: Primary Healthcare and the Keys to Unlocking Prevention and Management of Noncommunicable Diseases

Dr. Douglas William Bettcher is the former Director the Department for Prevention of Noncommunicable Diseases (NCD, World Health Organization (WHO), Geneva, Switzerland, and is currently working as a Senior Advisor on NCD Prevention to the WHO Director-General. In his capacity as Director for Prevention of NCDs his portfolio included oversight for WHO's work on NCD risk factor prevention (including tobacco use, diet and physical inactivity), health promotion, ending childhood obesity and NCD risk factor surveillance.

He has a multidisciplinary background and holds a PhD in International Relations and a Graduate Diploma in World Politics, both from the London School of Economics and Political Science; a Master's of Public Health from the London School of Hygiene and Tropical Medicine; and a Doctor of Medicine degree from the University of Alberta, Canada. Dr. Bettcher has written widely on several topics, including globalization and health, foreign policy and health security, international law and public health, noncommunicable diseases prevention and control, tobacco control, and trade and other health policy issues.

Dr. Bettcher was WHO's principal focal point for providing Secretariat support for the negotiation of WHO's first treaty, the WHO Framework Convention on Tobacco Control. He was awarded a Luther L. Terry Distinguished Career Award for his lifetime contribution to tobacco control in Cape Town on Tuesday, March 8, 2018.



# Speaker Mr. James Campbell

Director, Health Workforce Department, World Health Organization

#### Topic: Global Health Security, Universal Health Coverage, and Primary Health Care: A Health and Care Workforce Perspective

Mr. Campbell is the Director, Health Workforce at the World Health Organization. He oversees the development and implementation of evidence and tools to support countries in the education, employment and retention of the health and care workforce in pursuit of global health security, universal health coverage and the Sustainable Development Goals. His portfolio includes WHO's Global Strategy on Human Resources for Health: Workforce 2030, the joint WHO, ILO, OECD Working for Health partnership to implement recommendations of the UN High-Level Commission on Health Employment and Economic Growth, and the WHO Global Code of Practice on the International Recruitment of Health Personnel. He oversees collaborative networks and partnerships with academia, civil society, government institutions, professional associations, and unions, with particular focus on data exchange, digital technologies/AI and equality for women and youth. Jim is a graduate of the University of Bristol and the University of Leeds, and an Honorary Fellow of the Faculty of Public Health and the Royal College of Surgeons in Ireland. He has published extensively, is on the Editorial Board of the Human Resources for Health Journal and is a guest lecture for post-graduate health and MBA programs. worldwide.



#### **Moderator**

# **Professor Sophia Chan**

Policy Convenor, Comprehensive Primary Healthcare Collaboratory Senior Advisor, President's Office, The University of Hong Kong Professor and Director, HKU Primary Health Care Academy, HKUMed

# Lunch Symposium 1 Data-Driven Evidence-Based Practices in Primary Healthcare: A Global Perspective

Date 8 November 2024 | Time 12:50-13:50 | Venue Lecture Theatres 3-4



Speaker

#### **Professor Ian Douglas**

Professor of Pharmacoepidemiology, London School of Hygiene & Tropical Medicine

#### Topic: Real-World Evidence: How Primary Care Data Drives Clinical Policy and Practice in the United Kingdom

Professor Douglas is an epidemiologist, currently funded by GlaxoSmithKline and AstraZeneca. He initially studied physiology and completed a PhD in Manchester. Since then, he has spent several years at the UK Medicines & Healthcare Products Regulatory Agency and in the pharmaceutical industry investigating adverse effects of drugs - both in clinical trials and post-marketing. He completed the Ms.c in epidemiology at LSHTM in 2005.

Professor Douglas is interested in pharmacoepidemiology, and in particular, how large electronic health record databases can be used to investigate the effects of drugs - both harmful and beneficial. He is exploring methodologies to minimize some of the biases inherent in the research of drug effects, and his main current areas of interest include case-only approaches to study design, the use of non-interventional data to estimate intended treatment effects, quantitative bias analysis, and the application of high dimensional propensity scores in electronic health data.



#### Speaker

#### **Professor Peter Tanuseputro**

Clinical Professor, Department of Family Medicine and Primary Care, School of Clinical Medicine, HKUMed

#### Topic: Reforming Primary Healthcare: Learnings from Primary Care Practice and Research in Canada

Professor Peter Tanuseputro completed training as a Public Health and Family Medicine specialist at the University of Toronto. Peter has recently joined as a Clinical Professor at University of Hong Kong's Department of Family Medicine and Primary Care. He is a clinician researcher, focusing on using linked big data to develop population perspectives on health care use and outcomes for frail, aging and end-of-life populations. His team also builds prediction algorithm that helps patients and caregiver make better health decisions. Peter has published over 270 PubMed papers, including several in high impact journals such as NEJM, JAMA, BMJ and CMAJ. He has also obtained over 140 grants totaling over HK \$280 million. Peter and his trainees and have received numerous research and teaching awards.



#### Moderator

#### **Professor Eric Wan**

Health Informatics Convenor, Comprehensive Primary Healthcare Collaboratory Assistant Professor, Department of Family Medicine and Primary Care, School of Clinical Medicine and Department of Pharmacology and Pharmacy, HKUMed

# Plenary Session 3 Envisioning an Undergraduate Primary Healthcare Curriculum

Date 8 November 2024 | Time 14:00 - 15:30 | Venue Lecture Theatres 3-4



#### Speaker

# **Professor Elizabeth Halcomb**

Professor of Primary Health Care Nursing, University of Wollongong

#### **Topic: Preparing Nurses to Practice in the Community**

Professor Elizabeth Halcomb RN BN(Hons) PhD FACN is a nationally and internationally recognised primary care nursing research leader. She has over 20 years' experience as a clinician-researcher in primary care nursing, with particular interests in the nursing workforce, chronic disease prevention and management and capacity building of nurse researchers. Since 2013 Professor Halcomb has been the Inaugural Professor of Primary Health Care Nursing at the University of Wollongong. She is also a visiting Professor at University College Dublin and Keele University, UK.

In 2018, Professor Halcomb was inducted into the Sigma Theta Tau International Nurse Researcher Hall of Fame and in 2019 she received the Australasian Association of Academic Primary Care Bridges-Webb medal in recognition of the significant and sustained national and international recognition of her work and its positive impact on the profession and the community. In 2021 she was named among 100 Outstanding women nurse and midwife leaders by Women in Global Health. In 2023, she received the University of Wollongong Vice Chancellors Award for Excellence in Research Supervision (Senior Researcher).



# Speaker Dr. Christy Noble

Clinical Learning and Assessment Lead, Academy for Medical Education, Medical School The University of Queensland

#### **Topic: Unlocking Untapped Opportunities:** Interprofessional Learning in Primary Healthcare

Dr. Christy Noble is a highly respected scholar in health professions education (HPE), specialising in clinical and workplace learning (including interprofessional learning), and feedback. As both a pharmacist and Clinical Learning and Assessment Lead in the Medical School at The University of Queensland, Australia, her strategic leadership has significantly shaped clinician assessments and learning activities, enhancing medical students' preparedness for clinical practice, interprofessional learning, and lifelong learning.

Her research has advanced the global discourse on learning through clinical practice, emphasising the importance of equipping learners and educators with essential capabilities for clinical environments. With numerous academic publications (> 60) and invited talks, Christy aims to impact everyday educational practices related to feedback, learning, and assessment in HPE.

Christy's contributions have been recognised internationally, and she has played a key role in fostering collaborative research and mentoring scholars in the field. Her work continues to influence the global HPE community, promoting improved understandings of clinical and workplace learning and feedback.



# Speaker Professor Cynthia Whitehead

Professor, Department of Family and Community Medicine, University of Toronto

#### Topic: Cognition is Everywhere, Context is Everything: Envisioning a PHC Curriculum in UG Health Professionals Education

Professor Cynthia Whitehead, MD, PhD is Professor in the Department of Family and Community, University of Toronto Medicine and Director and Scientist at the Wilson Centre for Education Research, Temerty Faculty of Medicine and University Health Network. She is an active practicing family doctor and clinical teacher in Toronto (Women's College Hospital) and in Yellowknife, Northwest Territories. Dr. Whitehead is the BMO Financial Group Chair in Health Professions Education Research at University Health Network.

Dr. Whitehead obtained her PhD and MScCH from the University of Toronto, MD from McMaster University, and AB honors from Harvard University. She has held many education leadership positions over the course of her career. She has also provided education consultations, taught, and collaborated with colleagues in many countries across Asia, Africa, Europe, North America, and South America.

Cynthia's research examines the effects of power relations on various structures, systems, processes, and practices in health professions education, paying attention to who and what is advantaged or disadvantaged as a result. She uses her research to promote health and education practices that are compassionate, equitable, and effective. Some of her specific content areas of interest are family medicine education, globalized medical education, accreditation, outcomes-based education, and education for collaboration. Cynthia is involved in research, scholarly capacity building, teaching, curricular design, program evaluation, and education administration locally, nationally, and internationally.



#### Respondent

#### **Professor Kelvin Wang**

Professor and Director of Doctor of Nursing Programme, School of Nursing, HKUMed

Kelvin is Professor, Assistant Dean (Professional Development in Health Sciences) of LKS Faculty of Medicine, Director of Doctor of Nursing Programme, Fellow of American Academy of Nursing (FAAN), Fellow of UK Faculty of Public Health (FFPH), Team leader of Smoking Cessation & Tobacco Control team (HKU), Associate Editor of BMC

Public Health and editorial board member of Scientific Reports, and Council member of Hong Kong Council on Smoking & Health, Council member of Nursing Council of Hong Kong, Council member of Council on Human Reproductive Technology, Governing Committee Member of HK NT West & HK Island South District Health Centers. He has published more than 230 papers (H-index: Scopus 30, Google Scholar 37), Top 1% by citation (Essential Science Indicators) in 2023, and awarded Faculty Outstanding Research Output in 2022. His research focuses on behavioral intervention, addiction, policy evaluation, and social and commercial determinent of health. He led the team on alternative tobacco products (ATPs) research has been awarded Faculty Knowledge Exchange Award in 2022 for the impactful research on total ban of ATPs. The Community-based Smoking Cessation Program has been awarded American Academy of Nursing Edge Runner as an excellent nursing model.



## Respondent

#### Ms. Jody Chu

Senior Lecturer, Department of Pharmacology and Pharmacy, HKUMed

Ms. Jody Chu is a senior lecturer in the Department of Pharmacology and Pharmacy at University of Hong Kong. She received her BPharm and Master of Clinical Pharmacy degree at The University of South Australia and worked as a clinical pharmacist before joining HKUMed in 2013. As the HKU BPharm Program Director, Ms. Chu contributed to the implementation and ongoing evaluation of the major curricular

revamp of the HKU BPharm curriculum from the academic year of 2020/21. Jody received a Teaching Development Grant in 2022 for the implementation of a Professional Development Programme for BPharm students which has now been incorporated into the curriculum, her current focus emphasized on professional identity development of students and interprofessional education in primary healthcare setting.



#### Respondent Professor Linda Chan

Clinical Assistant Professor, Department of Family Medicine and Primary Care, School of Clinical Medicine, HKUMed

Professor Linda Chan currently serves as Clinical Assistant Professor, jointly appointed under the Department of Family Medicine and Primary Care and the Bau Institute of Medical and Health Sciences Education. She received both her Bachelor of Medical Sciences and medical

degrees from the UK. She then completed her Family Medicine training in the USA and was certified as a Diplomate of the American Board of Family Medicine. She earned a Master's in Medical Education (UK) in 2017, was accepted for Membership of the Academy of Medical Educators (UK) in 2019, became a Fellow of the American Academy of Family Physicians in 2020, and a Fellow of the Higher Education Academy / Advance HE in 2022. She also completed the Stanford University School of Medicine's Physician Well-being Director Course in 2023. Her research interests lie in medical education, and centre on the wellbeing of healthcare learners and professionals. Reflecting her passion for medical education and family medicine, she was humbled to receive international awards including the Highly Commended MedEdPublish Article 2018-2019 at the 2019 Association for Medical Education in Europe Conference, the 2021 Gold Award for Hybrid Learning (Team award) at the Wharton-QS Reimagine Education Conference, and the 2023 Teaching and Learning Strategy of the Year (Team award) at the Times Higher Education Awards, Asia. Locally, she was also grateful to receive The Hong Kong College of Family Physicians' Best Research Award for 2023 and The University of Hong Kong's Early Career Teaching Award plus Teaching Innovation Award (Team Award) for 2023.



#### Moderator

#### **Professor Gilberto Leung**

Education Co-convenor, Comprehensive Primary Healthcare Collaboratory Associate Dean (Teaching and Learning) Clinical Professor, Department of Surgery, School of Clinical Medicine, HKUMed

# Interactive Session 1 Primary healthcare and health policy

Date 8 November 2024 | Time 14:00 - 15:30 | Venue Faculty Board Room



# Panellist Dr. Douglas William Bettcher

Senior Advisor, Director-General's Office, World Health Organization

Dr. Douglas William Bettcher is the former Director the Department for Prevention of Noncommunicable Diseases (NCD, World Health Organization (WHO), Geneva, Switzerland, and is currently working as a Senior Advisor on NCD Prevention to the WHO Director-General. In his capacity as Director for Prevention of NCDs his portfolio included oversight for WHO's work on NCD risk factor prevention (including

tobacco use, diet and physical inactivity), health promotion, ending childhood obesity and NCD risk factor surveillance. He has a multidisciplinary background and holds a PhD in International Relations and a Graduate Diploma in World Politics, both from the London School of Economics and Political Science; a Master's of Public Health from the London School of Hygiene and Tropical Medicine; and a Doctor of Medicine degree from the University of Alberta, Canada. Dr. Bettcher has written widely on several topics, including globalization and health, foreign policy and health security, international law and public health, noncommunicable diseases prevention and control, tobacco control, and trade and other health policy issues. Dr. Bettcher was WHO's principal focal point for providing Secretariat support for the negotiation of WHO's first treaty, the WHO Framework Convention on Tobacco Control. He was awarded a Luther L. Terry Distinguished Career Award for his lifetime contribution to tobacco control in Cape Town on Tuesday, March 8, 2018.



#### Panellist

#### Mr. James Campbell

Director, Health Workforce Department, World Health Organization

Mr. James Campbell is the Director, Health Workforce at the World Health Organization. He oversees the development and implementation of evidence and tools to support countries in the education, employment and retention of the health and care workforce in pursuit of global health security, universal health coverage and the Sustainable Development Goals. His portfolio includes WHO's Global Strategy on Human

Resources for Health: Workforce 2030, the joint WHO, ILO, OECD Working for Health partnership to implement recommendations of the UN High-Level Commission on Health Employment and Economic Growth, and the WHO Global Code of Practice on the International Recruitment of Health Personnel. He oversees collaborative networks and partnerships with academia, civil society, government institutions, professional associations, and unions, with particular focus on data exchange, digital technologies/AI and equality for women and youth. Jim is a graduate of the University of Bristol and the University of Leeds, and an Honorary Fellow of the Faculty of Public Health and the Royal College of Surgeons in Ireland. He has published extensively, is on the Editorial Board of the Human Resources for Health Journal and is a guest lecturer for post-graduate health and MBA programs worldwide.



# Panellist Professor David Bishai

Public Health Convenor, Comprehensive Primary Healthcare Collaboratory Director and Clinical Professor, School of Public Health, HKUMed

Professor David Bishai is Clinical Professor in Public Health and Director of the School of Public Health, The University of Hong Kong. Prior to joining HKU, Professor Bishai had served as Professor at the Johns Hopkins Bloomberg School of Public Health for 27 years and served in the Maryland Department of Health as a local health officer in 2021.A leading health economist, his research focuses on the performance and

financing of global public health activities, primary healthcare, vaccines, and health disparities. He is the author of two books and more than 260 peer-reviewed scientific publications, His award-winning courses on systems. thinking and health economics have reached over forty-thousand students. As President of the International Health Economics Association, he helped to establish a global mentoring network for early career researchers. Professor Bishai maintains certification by both the American Board of Internal Medicine and the American Board of Pediatrics. He received his Bachelor of Arts from Harvard in Philosophy and Physics, his Masters in Public Health from the University of California at Los Angeles, his Medical Doctorate from the University of California at San Diego, and his Doctor of Philosophy from the Wharton Business School at the University of Pennsylvania.



#### Panellist Dr. Fei-chau Pang

Commissioner for Primary Healthcare, Primary Healthcare Commission, Health Bureau

Dr. Fei-chau Pang is the current Commissioner for Primary Healthcare, Health Bureau of the Government of the Hong Kong Special Administrative Region. He is the president of the Hong Kong College of Community Medicine. Dr. Pang is an experienced health service executive and have been the Head of Human Resources of the Hospital Authority to provide strategic advice and leadership to the HR function of

over 40 public hospitals. He was appointed as the member of the Elderly Commission of the Government of the Hong Kong Special Administrative Region between 2015-2019. He was the elected Council member of The University of Hong Kong in 2021/22.



#### Panellist Professor Michael Kidd

Professor of Global Primary Care and Future Health Systems, Nuffield Department of Primary Health Care Sciences, University of Oxford; Foundation Director, International Centre for Future Health Systems University of New South Wales

Professor Michael Kidd AO FAHMS is an Australian primary care and public health researcher. He is Professor of Global Primary Care and Future Health Systems. with the Nuffield Department of Primary Health

Care Sciences at the University of Oxford, and the Foundation Director of the International Centre for Future Health Systems. at the University of New South Wales. He served as the Deputy Chief Medical Officer of Australia during the COVID-19 pandemic. He is a past president of the World Organization of Family Doctors (WONCA), past president of the Royal Australian College of General Practitioners, former Chair of the Department of Family and Community Medicine at the University of Toronto, former Chair of the Department of General Practice at The University of Sydney, former Dean of the Faculty of Medicine, Nursing and Health Sciences at Flinders University, and Foundation Director of the World Health Organisation Collaborating Centre on Family Medicine and Primary Care.



#### Panellist

#### **Professor William Wong**

Medical Convenor, Comprehensive Primary Healthcare Collaboratory Clinical Professor & Chairperson, Department of Family Medicine and Primary Care, School of Clinical Medicine, HKUMed

Professor William Wong is currently Clinical Professor and Chairperson

at the Department of Family Medicine and Primary Care (FMPC), SClinMed, HKU amd holds concurrent appointment as the Honorary Consultant at the Hospital Authority of Hong Kong and HKU–Shenzhen Hospital. Graduated from University of Edinburgh in 1993, he completed the General Practice Vocational Training at Guy's and St. Thomas' Hospital, London in 1998 and has extensive academic and clinical experience from the UK, Australia, Hong Kong and China. He is the Founding Member of Faculty of Travel Medicine, RCPS (UK) and conferred Honorary Membership from the Faculty of Public Health (UK) in 2015. He is appointed on WHO Strategic and Technical Advisory Committee on HIV, viral hepatitis and sexually transmitted infections (STAC-HHS 2021-24) contributed to global strategies on viral hepatitis elimination and has been temporary advisor for WHO West Pacific Office on a number of HIV/ sexual health guidelines. He is the principal architect of the first Primary Care Guideline on CHB Managment in China (2021) published by Chinese Medical Association.

He found WONCA Health Equity Special Interest Group in 2014, and also serves on the Advisory Committee on Primary Care Directory (2024-27), Advisory Group on Antibiotic Guidance Notes for Primary Care (2024-27), Advisory Council for AIDS (2019-26) and Council for AIDS Trust Fund (2022-25) for the Hong Kong SAR Government. He is the Vice Chair of the Third General Practice Committee of Shenzhen Medical Association and on the Executive Committee of Cross Strait Medical Exchange Association, China.



#### **Panellist**

#### **Professor Martin Roland**

Emeritus Professor of Health Services Research Emeritus Fellow, Murray Edwards College, University of Cambridge

Professor Martin Roland qualified as a doctor at Oxford University in 1975, then trained as in Family Medicine before developing his academic career. He was appointed Professor of General Practice at Manchester University in 1992 and in 2009 he moved to Cambridge University to the inaugural Chair in Health Services Research which

he held until his retirement in 2016. He was a practicing GP throughout his career, working part time in the English NHS alongside his academic career. Professor Roland's research focuses on key issues in health policy, in particular interventions in primary care to improve population health. He has a special interest in measuring the quality of primary medical care and evaluating ways of improving care and reducing variations in quality. Professor Roland has also acted as consultant to policymakers in a range of countries and currently holds a visiting Professor ship at Hong Kong University.



#### Moderator

#### **Professor Sophia Chan**

Policy Convenor, Comprehensive Primary Healthcare Collaboratory Senior Advisor, President's Office, The University of Hong Kong Professor and Director, HKU Primary Health Care Academy, HKUMed

#### Interactive Session 2 Professional Development and Training for PHC Practitioners

Date 8 November 2024 | Time 15:30 - 17:00 | Venue Lecture Theatres 3-4



#### Speaker & Panellist Dr. Franco Cheng

Lecturer, Department of Pharmacology and Pharmacy, HKUMed

Dr. Franco Cheng recently completed his PhD in HKUMed under the supervision of Prof Ian Wong and Prof Sydney Tang. He is a pharmacist by training and obtained both his bachelor and master degree in Hong Kong. Like a lot of the local pharmacy graduates, Franco worked mostly in hospital settings in Hong Kong upon graduation. He then joined HKU in 2021 as a research pharmacist in COVID-19 Vaccines

Adverse Events Response and Evaluation (CARE) Programme prior to taking up the lecturer position. Currently, Franco is deeply involved in the post-graduate education and training of future pharmacists. He is currently one of the programme co-ordinators of the Master of Advanced Pharmacy Programme in the Department of Pharmacology and Pharmacy and is also the course coordinator for the certificate course in primary healthcare for pharmacists.



#### Speaker & Panellist Professor Haiyong Chen

Assistant Professor, School of Chinese Medicine, HKUMed

Professor Haiyong Chen is an Assistant Professor at the School of Chinese Medicine at the University of Hong Kong and a registered Chinese medicine practitioner in Hong Kong. His research interests focus on discovering the pathophysiology of kidney diseases and related metabolic disorders, such as diabetic nephrology and hypertensive kidney diseases, and developing therapeutic approaches

for these diseases. He also evaluates the efficacy and safety of Chinese medicine and acupuncture for common diseases and disorders, including kidney disease, metabolic disorders, cancer, and pain, through evidence-based approaches.

Professor Chen has published over 80 peer-reviewed papers in renowned journals and serves as the associate editor for several reputable journals, including Frontiers in Physiology, Frontiers in Pharmacology, and Heliyon. He has also been recognized as one of the world's top 2% most cited scientists by Stanford University, with an H-index of 32 according to Clarivate data. 39



#### Speaker & Panellist Professor Mandy Ho

Associate Professor, Chair of Teaching and Learning (Postgraduate Education), Director of Master of Nursing Programme, School of Nursing, HKUMed

Professor Mandy Ho is an Associate Professor, Chair of Teaching and Learning (Postgraduate Education) and Director of Master of Nursing Programme at the School of Nursing, the University of Hong Kong. With a double qualification of nursing and dietetics, Professor Ho's research work centres on translating evidence in the fields of nutrition,

physical activity, and obesity to promote good health and prevent chronic diseases across the lifespan. Her current research interests are the prevention and management of lifestyle-related chronic diseases, with a major focus on obesity, prediabetes, and diabetes. She translates evidence to improve diabetes prevention in community and primary care settings, and provides leadership in nursing education. Her current research work focuses on developing innovative and culturally specific models of diabetes prevention targeting the high-risk population (i.e., adults who are overweight and with prediabetes) in community and primary care settings. She is the pioneer in establishing a culturally specific communitybased diabetes prevention program for overweight/obese Chinese adults with prediabetes in Hong Kong. She also led a digital diabetes prevention program for overweight adults with prediabetes.



#### Speaker & Panellist Professor Wendy Lam

Associate Professor and Division Head, Division of Behavioural Sciences, School of Public Health, HKUMed

Professor Wendy Lam is an Associate Professor and the head of the Division of Behavioural Sciences at the School of Public Health, The University of Hong Kong. She is an academic director of the Master of Public Health Program. Wendy is the founding director of the HKU Jockey Club Institute of Cancer Care (JCICC). She is an active contributor to the International Psycho-oncology Society, currently

the President of IPOS. She was awarded the 2007 Hiroomi Kawano Young Investigator Award by the International Psycho-Oncology Society for her work on Chinese women with breast cancer. She was also awared the 2023 Distinguished Merit Award by the International Society of Nurses Cancer Care. Her research interests focus on psychosocial adaptation patterns and service optimization in cancer patients. She is the principal investigator in research programs, including studies on fear of cancer recurrence and progression for cancer survivors and patients living with advanced cancer, return to work and activity impairment after cancer diagnosis, implementation of symptom distress screening, and optimization of cancer survivorship. She is currently leading the JCICC team to develop a care model that integrates psychosocial services into routine cancer care. Under her directorship, JCICC recently established the first cancer survivorship clinic in Hong Kong offering support in managing post-treatment symptoms, as well as personalized diet and physical activity advice. She has produced over 200 outputs. She is the co-editor of the 4th Edition of Psycho-oncology Textbook. She is appointed Associate Editor for Psycho-oncology and for Patient Education and Counseling.



#### Speaker & Panellist Professor Tai-pong Lam

Honorary Clinical Professor, Department of Family Medicine and Primary Care, School of Clinical Medicine, HKUMed

Professor Lam is a Specialist in Family Medicine with a keen interest in medical education and postgraduate professional development. He was awarded the Faculty Teaching Medal and the University Teaching Fellowship which was the highest honour for teaching at the University of Hong Kong. He also pioneered some of the most successful

postgraduate programmes for primary care doctors in Hong Kong.

He is one of few family physicians with two research doctorates, including a PhD from the University of Sydney on community health and an MD from the University of Hong Kong on medical education. He has published over 200 articles, including medical education articles in Academic Medicine, Medical Education and Medical Teacher.



#### Speaker & Panellist Professor Katherine Leung

Associate Dean (Taught Postgraduate Education) and Clinical Associate Professor, Faculty of Dentistry The University of Hong Kong

Professor Katherine Leung is a Clinical Associate Professor in Prosthodontics, Associate Dean for Taught Postgraduate Education, and the Clinical Manager of the Institute for Advanced Dentistry -Multi-Specialty Clinic in the Faculty of Dentistry at HKU. She has been a Specialist Prosthodontist in Hong Kong since 2003. Professor

Leung earned her BDS degree in 1994, an MDS degree with distinction in 1996 and a PhD degree in 2007 from HKU. Her research interests include caries prevention, oral rehabilitation and masticatory function in older adults and medically compromised patients. She has published widely on root caries, masticatory function, implant dentistry, Sjögren's syndrome, geriatric dentistry and dental education, and has been invited as a keynote speaker at international conferences. Professor Leung has held several prominent leadership positions in the profession. She was the President of the College of Dental Surgeons of Hong Kong (2022-2023), the Chairperson (2017-2019) of the Prosthodontic Specialty Board and the President of the Hong Kong Prosthetic Dentistry Society (2010-2014).

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#### Speaker & Panellist Dr. Esther Yu

Chief Manager, Primary Healthcare Commission, Health Bureau

Dr. Esther Yu is a Specialist in Family Medicine, currently working as the Chief Manager in the Primary Healthcare Commission of the Health Bureau. Her main responsibilities include ensuring the quality and standards of primary care services through development of reference frameworks for primary care setting and overseeing training to primary healthcare professionals.

Prior to her service at the Health Bureau, Dr. Yu held the position of Clinical Assistant Professor at the Department of Family Medicine and Primary Care, the University of Hong Kong between 2012 and 2022. Her main research interest was the development and implementation of primary healthcare service, focusing on multi-disciplinary management of chronic diseases such as hypertension, diabetes and prediabetes. She conducted 8 research projects as principal investigators including 3 full grants from the Health and Medical Research Fund, published over 50 papers in indexed peer-review journals and won over 15 research awards in international and local conferences and academic institutes. Her most well-known work was the evaluation of the quality of care, effectiveness and cost-effectiveness of the Risk Assessment and Management Programmes of the Hospital Authority.



#### Speaker & Panellist Professor Amy Ng

Clinical Assistant Professor and Chief of Postgraduate Education (Family Medicine), Department of Family Medicine and Primary Care, School of Clinical Medicine, HKUMed

#### **Plenary Session 4**

#### Addressing the Needs of the People through Primary Healthcare

Date 9 November 2024 | Time 09:00 - 10:30 | Venue Lecture Theatres 3-4



#### Speaker

#### **Professor Michael Kidd**

Professor of Global Primary Care and Future Health Systems, Nuffield Department of Primary Health Care Sciences, University of Oxford; Foundation Director, International Centre for Future Health Systems University of New South Wales

#### Topic: The Future of Primary Care: Meeting the Health Care Needs of the People of the World

Professor Michael Kidd AO FAHMs is an Australian primary care and public health researcher. He is Professor of Global Primary Care and Future Health Systems. with the Nuffield Department of Primary Health Care Sciences at the University of Oxford, and the Foundation Director of the International Centre for Future Health Systems at the University of New South Wales. He served as the Deputy Chief Medical Officer of Australia during the COVID-19 pandemic. He is a past president of the World Organization of Family Doctors (WONCA), past president of the Royal Australian College of General Practitioners, former Chair of the Department of Family and Community Medicine at the University of Toronto, former Chair of the Department of General Practice at The University of Sydney, former Dean of the Faculty of Medicine, Nursing and Health Sciences at Flinders University, and Foundation Director of the World Health Organisation Collaborating Centre on Family Medicine and Primary Care.



#### Speaker Professor Martin Roland

Emeritus Professor of Health Services Research Emeritus Fellow, Murray Edwards College, University of Cambridge

#### **Topic: Hong Kong Primary Healthcare Reforms: An International Perspective**

Martin Roland qualified as a doctor at Oxford University in 1975, then trained as in Family Medicine before developing his academic career. He was appointed Professor of General Practice at Manchester University in 1992 and in 2009 he moved to Cambridge University to the inaugural Chair in Health Services Research which he held until his retirement in 2016. He was a practicing GP throughout his career, working part time in the English NHS alongside his academic career. Professor Roland's research focuses on key issues in health policy, in particular interventions in primary care to improve population health. He has a special interest in measuring the quality of primary medical care and evaluating ways of improving care and reducing variations in quality. Professor Roland has also acted as consultant to policymakers in a range of countries and currently holds a visiting Professor ship at Hong Kong University.



#### **Moderator**

#### **Professor William Wong**

Medical Convenor, Comprehensive Primary Healthcare Collaboratory Clinical Professor & Chairperson, Department of Family Medicine and Primary Care, School of Clinical Medicine, HKUMed

#### Plenary Session 5 Asset-Based Community Development (ABCD) to Optimise Primary Healthcare

Date 9 November 2024 | Time 10:40-12:10 | Venue Lecture Theatres 3-4



#### Speaker

#### **Professor Samuel Wong**

Director and Professor, The Jockey Club School of Public Health and Primary Care, The Chinese University of Hong Kong

#### Topic: Capacity Building to Optimise Healthy Lifestyle in Primary Care: Shaping Future Strategies with Today's Experience

Professor Samuel Wong is a clinician with training and experience in both Family Medicine and Public Health. Currently, Professor Wong serves as the Director of the School of Public Health and Primary Care and as the Associate Dean (Education) at the Faculty of Medicine at CUHK. Professor Wong's research interests primarily focused on the evaluation and development of mental health interventions in primary care and the evaluation of primary care services.

Professor Wong has served the Hong Kong SAR Government in various capacities, including as a member of the Steering Committee of the Primary Care Development. He has also been involved in Education and Accreditation Committees and Council member for the medical and dental council respectively. Currently, he is the Vice-President of the Hong Kong College of Family Physicians and the Hong Kong College of Community Medicine and provides clinical services in Family Medicine for the Hospital Authority as an Honorary Consultant.

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#### Speaker Professor Terry Lum

Henry G Leong Professor in Social Work and Administration, Department of Social Work and Administration, HKU

#### Topic: Strategies And Challenges to Promote Health-social Collaboration in Building the Capacity for Promoting Mental Health in Primary Care

Professor Lum holds the prestigious Henry G. Leong Professor ship in Social Work and Social Administration at the University of Hong Kong. His research focuses on long-term care, productive aging, geriatric mental health, and social capital. He is an elected Fellow of the Gerontological Society of America. Additionally, he serves as an editor for the Journal of Aging and Mental Health. Professor Lum's expertise extends beyond academia, as he currently holds positions as a Commissioner of the Lancet Commission on Long-Term Care for Older Persons, a member of the WHO's Global Network of Long-Term Care, and the WHO's Consortium on Metrics and Evidence for Healthy Aging. He is also involved in various government and social service committees, including as a member of the Chief Executive Policy Unit of the Hong Kong SAR Government, a member of the Research Council of the Our Hong Kong Foundation, a panel member of the Public Policy Research and the Strategic Public Policy Research Funding Schemes, and an advisor to several social services committees of prominent NGOs in Hong Kong.



#### Speaker

Dr. Ching-choi Lam

Chief Executive Officer, Haven of Hope Christian Service

#### **Topic: Capacity Building for Primary Healthcare: Strategies for Policy Influence and Advocacy**

Dr. Lam is a specialist in paediatric and community medicine and is currently Chief Executive Officer of Haven of Hope Christian Service.

With his extensive knowledge of local public health policies and services, Dr. Lam has sat on multiple statutory and advisory bodies. He is a non-official member of the Executive Council of the HKSAR Government. Prior to his current position as the Chairman of the Advisory Committee on Mental Health, he served the Elderly Commission for almost 20 years, and he was once the Chairman of the Commission. He now also serves the Council for Carbon Neutrality & Sustainable Development, the Primary Healthcare Committee, the Steering Committee on Review of Manpower for Healthcare Services in Residential Care Homes, the Healthcare & Wellness Training Board of the Vocational Training Council, the Industry Training Advisory Committee.

He is also a member of the Green Technology & Finance Development Committee as well as the Advisory Panel on Silver Economy to provide advice to the government on various policies.

Dr. Lam was honoured by the HKSAR Government with the Justice of Peace in 2003 and Silver Bauhinia Star in 2019. In 2018, apart from receiving Honorary Fellowship from Lingnan University, he also received the Ageing Asia Global Ageing Influencer Award (Special Recognitions) in recognition of his devotion to public services and his influence on policy-making for the global ageing trend.



#### Moderator

#### **Professor Doris Yu**

Social Healthcare Convenor, Comprehensive Primary Healthcare Collaboratory Professor, Chair, Research, School of Nursing, HKUMed Associate Director, Sau Po Centre on Aging, HKU

#### Lunch Symposium 2 Disease Management and Self-Help through Technology -Innovation, Entrepreneurship, and Evidence

Date 9 November 2024 | Time 12:20-13:20 | Venue Lecture Theatres 3-4



#### Panellist

#### **Dr. Kenneth Tsang**

Chief Executive Officer, Gleneagles Hospital Hong Kong Regional Chief Executive Officer, IHH Healthcare North Asia

#### **Topic: How Self-help Tech can Improve Patient Outcomes**

Dr. Kenneth Tsang provides leadership for Gleneagles Hospital Hong Kong, a multi-specialty tertiary hospital under an international healthcare group IHH Healthcare. Dr. Tsang leads the hospital to provide excellent and innovative healthcare services in Hong Kong and at a regional level. Dr. Tsang also steers the hospital's development in the realms of digital health, clinical innovations and clinical research to foster its growth into a leading healthcare provider locally and regionally.

Dr. Tsang joined Gleneagles Hospital Hong Kong in 2019 as Chief Operating Officer and was appointed as its Chief Executive Officer in 2021. Dr. Tsang was appointed as Regional Chief Executive Officer of IHH Healthcare North Asia in 2024. In conjunction with his role as Chairman of IHH China Operations Steering Committee, he plays a pivotal role in advancing IHH's operations in China towards long-term growth. He also leads Parkway Medical Services (Hong Kong) Limited, a member of IHH Healthcare, which operates Gleneagles Healthcare ambulatory centres and clinics and Parkway Laboratory Services in Hong Kong.

Prior to joining Gleneagles, Dr. Tsang was with the Hospital Authority in Hong Kong for over 25 years, first as a practising physician in the Department of Medicine in Queen Elizabeth Hospital. In 2009, he took up part-time administrative roles at the Kowloon Central Cluster on top of his clinical duties. During the years between 2012 and 2019, he became a full-time medical administrator at the Hospital Authority Head Office, assuming management roles in various areas including Patient Safety, Strategy & Service Planning, Infection Control and Cluster Services.

Dr. Tsang is a Fellow of the Hong Kong of Medicine (Community Medicine), a Fellow of the Hong Kong College of Community Medicine and a Fellow of The Royal Australasian College of Medical Administrators. He is also an Honorary Clinical Associate Professor of School of Public Health, Li Ka Shing Faculty of Medicine of The University of Hong Kong.



#### Panellist Professor Doris Yu

Social Healthcare Convenor, Comprehensive Primary Healthcare Collaboratory Professor, Chair, Research, School of Nursing, HKUMed Associate Director, Sau Po Centre on Aging, HKU

#### Topic: Optimising Chronic Disease Self-care in Family: The Technology-humanity Momentum

Professor Yu is currently Professor at the School of Nursing and is the Associate Director of the Sau Po Centre on Aging. Professor Yu's research has focused on geriatric and gerontology.

Aging well is a highly prioritized global agenda. Professor Yu's research work focuses on using global strategies and innovative care model to promote healthy aging in the primary and secondary care. Her research work comprises four pillars including i) territory-wide healthy aging diagnostics and promotion, ii) strength-based empowerment model for managing dementia and heart failure in older adults, iii) dyadic and digital innovation to optimize family-based aged care and iv) comprehensive impact evaluation for aged care service. Her research laboratory on aged care innovations is supported by a research team of over 50 staff and in collaboration with multi-disciplinary professionals in social work, psychology, kinesiology and computer science. Professor Yu has awarded with over USD12M external research funding. She has published more than 200 papers, and is listed as World's Top 2% Most Cited Scientist by the Stanford University. She is the Editor of the Journal of Advanced Nursing and serves the Editorial Board of several renowned journals.

Professor Yu has actively engaged in promoting evidence-based aged care. She serves a number of expert advisory panels of both government and non-government sectors to support priority-setting for aged care policy and service. Professor Yu actively engages in science implementation and has developed various territory-wide evidence-based programs. to increase the preparedness of rapid population aging in the educational and healthcare pursuits.



#### Panellist Professor Jason Yuzhang Huang

Otorhinolaryngology Surgeon, United Family Healthcare Shenzhen

#### **Topic: Success Factors for Self-help Tech**

Professor Huang holds the Robert YH Li Professorship in Otolaryngology. He currently serves as the Chair and Professor of Otolaryngology at Shenzhen United Family Hospital. Prior to his role as Chair of Otolaryngology, he acted as the Associate Director of the GCP Center and Clinical Center at Beijing United Family Hospital. Additionally, he co-founded the Institute of Electrical and Electronics Engineers (IEEE) Entrepreneurship China and serves as a Steering Committee Member. Professor Huang is responsible for evaluating Al-related healthcare entrepreneurship within IEEE. He also holds an adjunct Professorship at the China Center for Disease Control (CDC), Non-communicable Disease Division, Elderly Care, and Cognitive Center in Beijing, as well as at Sun Yat-Sen University First Affiliated Hospital in the Department of Otolaryngology. Furthermore, Professor Huang is a Fellow of the Royal Society for Public Health (FRSPH).

Professor Huang completed his public health doctoral training (DrPH) and Health Science Master training (MHS) at Johns Hopkins University Bloomberg School of Public Health. Prior to his time at Johns Hopkins, he earned his Master of Public Health (MPH) from the University of Hong Kong School of Public Health.

His major research interests lie in Al-related telehealth and telemedicine technology, particularly in the field of autonomous health integration. Notably, he co-authored a white paper on 'Autonomous Mobile Clinics,' which was published in the Bulletin of the World Health Organization in September 2022. This collaborative work involved Shaoshan Liu from Harvard University, Ao Kong from the United Nations Technology Bank, and Xue Liu from McGill University.



Moderator
Dr. Swee Kheng Khor

Chief Executive Officer, Angsana Health

#### Interactive Session 3 Promoting Primary Healthcare across the Hong Kong Population: Sharing from Various District Health Centres and Expresses (DHCs & DHCEs)

Date 9 November 2024 | Time 13:30 - 15:00 | Venue Lecture Theatres 3-4 Language Cantonese (Simultaneous Translation available via Zoom)



#### Panellist Mr. Edward Li

Dietitian, Kwai Tsing District Health Centre, Kwai Tsing Safe Community and Healthy City Association

Topic: From Policy to Implementation: How Kwai Tsing District Health Centre Foster Primary Healthcare Services? 由政策到執行: 葵青地區康健中心如何實行基層醫療服務?

Mr. Edward Li is a Registered Dietitian and Nutritionist certified by the Academy of Nutrition and Dietetics (US) and an Accredited Dietitian from the Hong Kong Academy of Accredited Dietitians (HKAAD) who leverages his expertise in nutrition and public health to enhance community healthcare. Currently at the Kwai Tsing District Health Centre, he focuses on comprehensive nutritional assessments and designs health promotion programs. to support well-being. His collaborative work with interdisciplinary teams. helps optimize patient care and outcomes. Edward earned his Bachelor of Science in Nutrition and Dietetics from Florida International University and completed his dietetic training in Miami, Florida. With a Master of Public Health degree specializing in Health Economics, Policy, and Management from the University of Hong Kong, Edward is passionate about advancing public health, Edward is dedicated to driving progress through research, education, and raising awareness of the crucial role of diet in primary healthcare. He has a strong background in project management and media engagement. He previously served as a media representative for the Hong Kong Dietitian Association and was an executive committee member.



#### Panellist Dr. Elsa Lee

Executive Director, Wong Tai Sin District Health Centre, Hong Kong Sheung Kung Hui Welfare Council

Topic: CONNECT – Primary Healthcare – the Community Way 多方連結 - 基層醫療 - 社區實踐

Dr. Elsa LEE Sau-ha, PhD is a social worker; Executive Director of the Wong Tai Sin District Health Centre which is operated by the Hong Kong

Sheng Kung Hui Welfare Council. She is leading a multi-disciplinary team to formulate and implement services on promotion of primary healthcare with a strong network of local partners. She also has rich experience on different social and healthcare services for seniors. She has edited and published more than ten practical manuals and books, including: Handbook on Holistic Care from the Heart for People with Dementia; Rehabilitation Treatment Series - Active Exercises; Architectural Design for Senior, etc.

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#### Panellist Ms. Yuk-mun Ng

Director (Service), Central & Western, Eastern and Shatin District Health Centre Expresses, The Hong Kong Society of Rehabilitation

#### Topic: Primary Healthcare – Implementation of Community Participation and Community-based Rehabilitation 在基層醫療下實踐社區參與及社區復康

Mun is a physiotherapist by profession and serves as the Service Director at The Hong Kong Society for Rehabilitation (HKSR), overseeing the Rehabilitation and Primary Healthcare Service Development. Her expertise lies in preventive care, rehabilitation, and community-based wellness initiatives. In her role, Mun leads various services and projects focused on supporting persons with disabilities, chronic diseases or other health concerns. She leads a multidisciplinary team in building service models for diverse rehabilitation programs, by applying the International Classification of Functioning, Disability and Health (ICF) framework. Additionally, Mun supervises the operation and development of three District Health Centre Express under HKSR in which it adopts a medical-social collaborative approach and advocate patient empowerment. Mun's contributions extend beyond her direct service duties. She serves as a Committee Member on the Departmental Advisory Committee on Rehabilitation Science at the Hong Kong Polytechnic University, as well as on the Advisory Board of Exercise Is Medicine-HK (EIM-HK), an initiative promoting the integration of physical activity into healthcare.



#### Panellist Ms. Katherine Choy

Physiotherapist (I), Wan Chai District Health Centre Express, Methodist Centre

Topic: From Prescription to Practice: Integrating Exercise Prescription and Lifestyle Modifications for Optimal Health 從處方到實踐:整合運動處方及生活型態調整 以提升整體健康

Ms. Katherine Choy is a registered Physiotherapist at Wan Chai DHCE, operated by Methodist Centre. She has been practicing as a physiotherapist in both public and private sectors since 2009 after graduating from The Hong Kong Polytechnic University. She obtained a Master's degree in Sports Medicine & Health Science from The Chinese University of Hong Kong in 2015.

Ms. Choy is a firm advocate of the belief that "Prevention is better than cure" and she is committed to promoting exercise in her practice. Last year, she was invited to present her work at a community seminar organized by the Hong Kong Physiotherapy Association on disease prevention through exercise.



#### Panellist Ms. Doris Lau

Senior Service Manager, Service Development Division, Kwun Tong District Health Centre Express, United Christian Nethersole Community Health Service

#### Topic: Collaborative leadership role of dietitian with other allied health professionals, how we cross over at primary care programme design? 營養師與專職醫療同工於領導基層健康服務上之互利角色

Ms. Lau is an Accredited Dietitian, acquired her Master qualification from the University of Sydney, Australia and returned Hong Kong to practice as community dietitian, currently she serves as the Senior Service Manager of the Service Development Division in United Christian Nethersole Community Health Service. She is now overseeing the operation of two District Health Center Express at Kwun Tong and Tai Po, working close with different stakeholders for primary health care service development. Doris also voluntarily works for the Hong Kong Academy of Accredited Dietitians as the Chairperson of the Registration Committee.



#### Panellist

#### Ms. Joanne Cheung

Project Coordinator, Islands District Health Centre Express, The Neighbourhood Advice-Action Council

#### Topic: Establishing Primary Healthcare Service in the Islands District with a Focus on Need-Based Delivery 建立離島區以需求為導向的基層醫療服務

Ms. Joanne Hoi Sheung Cheung is the Project Coordinator at Islands

DHC Express. Her career in social work spans over two decades, during which she has dedicated herself to serving the community with unwavering commitment. Her involvement since 2021 has been central to the founding and nurturing of DHC Express in the Islands, contributing significantly to its establishment.



#### Panellist Ms. Wincy Yu

Project Coordinator, Tai Po District Health Centre Express, United Christian Nethersole Community Health Service

#### Topic: Enhancing Primary Healthcare: Nurse Clinic Service Model in DHC/E 促進基層醫療:地區康健站的護士診所服務

Wincy Wing Sze Yu, the Project Coordinator of Tai Po DHC Express,

has a background rooted in healthcare management and clinical practice. Committed to making a significant impact on health services through strategic planning and service development, she has honed her skills in various healthcare settings.

Transitioning from her frontline clinical background, she successfully established and managed healthcare centers before taking on the pivotal role of leading service development at Tai Po DHC Express. Her professional qualifications as a registered nurse and accredited mediator underscore her diverse skill set and unwavering dedication to enhancing healthcare services and improving outcomes.

From project coordination to nursing management, she consistently pushes herself to contribute positively to the industry and make a tangible difference in healthcare delivery.



#### Panellist

#### Ms. Frances To

Executive Director, Yuen Long District Health Centre, The Pok Oi Hospital

#### Topic: Looking Back & the Way Forward 回望與前瞻

Before taken up the post of Executive Director of YLDHC, Frances was the Deputy Coordinator of Chinese Medicine in Pok Oi from 2021-2022, after her retirement from the post of General Manager (Nursing), Pok Oi Hospital & Tin Shui Wai Hospital. With the experience for more 20

years in nursing management, she has rich experience in commissioning of hospitals and healthcare services.

2022- present Executive Director, Yuen Long District Health Centre, Pok Oi Hospital
2021-2022 Deputy Coordinator, Chinese Medicine Services, Pok Oi Hospital
2017-2020 General Manager(Nursing), Pok Oi Hospital & Tin Shui Wai Hospital



#### Moderator

#### **Professor Emily Tse**

Assistant Dean (Health System Advancement) Clinical Assistant Professor, Department of Family Medicine and Primary Care School of Clinical Medicine, HKUMed

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#### [Parallel] Interactive Session 4

#### **Development of an Undergraduate Primary Healthcare Curriculum**

Date 9 November 2024 | Time 13:30 - 15:00 | Venue Lecture Theatre 1



#### Panellist Professor Linda Chan

Clinical Assistant Professor, Department of Family Medicine and Primary Care, School of Clinical Medicine, HKUMed

#### Topic: Development of an Undergraduate Primary Healthcare Curriculum

Linda Chan currently serves as Clinical Assistant Professor, jointly appointed under the Department of Family Medicine and Primary Care and the Bau Institute of Medical and Health Sciences Education.

She received both her Bachelor of Medical Sciences and medical degrees from the UK. She then completed her Family Medicine training in the USA and was certified as a Diplomate of the American Board of Family Medicine. She earned a Master's in Medical Education (UK) in 2017, was accepted for Membership of the Academy of Medical Educators (UK) in 2019, became a Fellow of the American Academy of Family Physicians in 2020, and a Fellow of the Higher Education Academy / Advance HE in 2022. She also completed the Stanford University School of Medicine's Physician Well-being Director Course in 2023. Her research interests lie in medical education, and centre on the wellbeing of healthcare learners and professionals. Reflecting her passion for medical education and family medicine, she was humbled to receive international awards including the Highly Commended MedEdPublish Article 2018-2019 at the 2019 Association for Medical Education in Europe Conference, the 2021 Gold Award for Hybrid Learning (Team award) at the Wharton-QS Reimagine Education Conference, and the 2023 Teaching and Learning Strategy of the Year (Team award) at the Times Higher Education Awards, Asia. Locally, she was also grateful to receive The Hong Kong College of Family Physicians' Best Research Award for 2023 and The University of Hong Kong's Early Career Teaching Award plus Teaching Innovation Award (Team Award) for 2023.



#### Panellist Ms. Jody Chu

Senior Lecturer, Department of Pharmacology and Pharmacy, HKUMed

Ms. Jody Chu is a senior lecturer in the Department of Pharmacology and Pharmacy at University of Hong Kong. She received her BPharm and Master of Clinical Pharmacy degree at The University of South Australia and worked as a clinical pharmacist before joining HKUMed in 2013. As the HKU BPharm Program Director, Ms.Chu contributed to the implementation and ongoing evaluation of the major curricular revamp of the HKU BPharm curriculum from the academic year of 2020/21. Jody

received a Teaching Development Grant in 2022 for the implementation of a Professional Development Programme for BPharm students which has now been incorporated into the curriculum, her current focus emphasized on professional identity development of students and interprofessional education in primary healthcare setting. 55



#### Panellist Mr. Dongfang Hao

Senior Lecturer and Undergraduate Programme Co-ordinator, School of Chinese Medicine, HKUMed

Mr. Dongfang Hao graduated from Beijing University of Chinese Medicine and worked as a sports medicine physician at the General Administration of Sport of China and the National Ballet of China. Since coming to Hong Kong in 2000, he has been involved in clinical consultation of Chinese Medicine and teaching undergraduate courses, as well as part-time postgraduate studies, at the Department

of Rehabilitation Sciences at The Hong Kong Polytechnic University and the School of Chinese Medicine at Hong Kong Baptist University. He is currently a senior lecturer and Undergraduate Programme Co-ordinator at the School of Chinese Medicine at The University of Hong Kong.



#### Panellist

#### **Professor Elizabeth Halcomb**

Professor of Primary Health Care Nursing, University of Wollongong

Professor Elizabeth Halcomb RN BN(Hons) PhD FACN is a nationally and internationally recognised primary care nursing research leader. She has over 20 years' experience as a clinician-researcher in primary care nursing, with particular interests in the nursing workforce, chronic disease prevention and management and capacity building of nurse researchers. Since 2013 Professor Halcomb has been the Inaugural Professor of Primary Health Care Nursing at the University of

Wollongong. She is also a visiting Professor at University College Dublin and Keele University, UK.

In 2018, Professor Halcomb was inducted into the Sigma Theta Tau International Nurse Researcher Hall of Fame and in 2019 she received the Australasian Association of Academic Primary Care Bridges-Webb medal in recognition of the significant and sustained national and international recognition of her work and its positive impact on the profession and the community. In 2021 she was named among 100 Outstanding women nurse and midwife leaders by Women in Global Health. In 2023, she received the University of Wollongong Vice Chancellors Award for Excellence in Research Supervision (Senior Researcher).



#### Panellist Professor Michael Kidd

Professor of Global Primary Care and Future Health Systems, Nuffield Department of Primary Health Care Sciences, University of Oxford; Foundation Director, International Centre for Future Health Systems, University of New South Wales

Professor Michael Kidd AO FAHMS is an Australian primary care and public health researcher. He is Professor of Global Primary Care and Future Health Systems. with the Nuffield Department of Primary Health Care Sciences at the University of Oxford, and the Foundation

Director of the International Centre for Future Health Systems. at the University of New South Wales. He served as the Deputy Chief Medical Officer of Australia during the COVID-19 pandemic. He is a past president of the World Organization of Family Doctors (WONCA), past president of the Royal Australian College of General Practitioners, former Chair of the Department of Family and Community Medicine at the University of Toronto, former Chair of the Department of General Practice at The University of Sydney, former Dean of the Faculty of Medicine, Nursing and Health Sciences at Flinders University, and Foundation Director of the World Health Organisation Collaborating Centre on Family Medicine and Primary Care.



#### Panellist Dr. Christy Noble

Clinical Learning and Assessment Lead, Academy for Medical Education, Medical School, The University of Queensland

Dr. Christy Noble is a highly respected scholar in health professions education (HPE), specialising in clinical and workplace learning (including interprofessional learning), and feedback. As both a pharmacist and Clinical Learning and Assessment Lead in the Medical School at The University of Queensland, Australia, her strategic

leadership has significantly shaped clinician assessments and learning activities, enhancing medical students' preparedness for clinical practice, interprofessional learning, and lifelong learning.

Her research has advanced the global discourse on learning through clinical practice, emphasising the importance of equipping learners and educators with essential capabilities for clinical environments. With numerous academic publications (> 60) and invited talks, Christy aims to impact everyday educational practices related to feedback, learning, and assessment in HPE.

Christy's contributions have been recognised internationally, and she has played a key role in fostering collaborative research and mentoring scholars in the field. Her work continues to influence the global HPE community, promoting improved understandings of clinical and workplace learning and feedback.



#### Panellist Professor Kelvin Wang

Professor and Director, Doctor of Nursing Programme, School of Nursing, HKUMed

Kelvin is Professor, Assistant Dean (Professional Development in Health Sciences) of LKS Faculty of Medicine, Director of Doctor of Nursing Programme, Fellow of American Academy of Nursing (FAAN), Fellow of UK Faculty of Public Health (FFPH), Team leader of Smoking Cessation & Tobacco Control team (HKU), Associate Editor of BMC Public Health and editorial board member of Scientific Reports, and

Council member of Hong Kong Council on Smoking & Health, Council member of Nursing Council of Hong Kong, Council member of Council on Human Reproductive Technology, Governing Committee Member of HK NT West & HK Island South District Health Centers.

He has published more than 230 papers (H-index: Scopus 30, Google Scholar 37), Top 1% by citation (Essential Science Indicators) in 2023, and awarded Faculty Outstanding Research Output in 2022. His research focuses on behavioral intervention, addiction, policy evaluation, and social and commercial determinent of health. He led the team on alternative tobacco products (ATPs) research has been awarded Faculty Knowledge Exchange Award in 2022 for the impactful research on total ban of ATPs. The Community-based Smoking Cessation Program has been awarded American Academy of Nursing Edge Runner as an excellent nursing model.



#### Panellist

#### Professor Samuel Wong

School Director and Professor, The Jockey Club School of Public Health and Primary Care, The Chinese University of Hong Kong

Professor Samuel Wong is a clinician with training and experience in both Family Medicine and Public Health. Currently, Professor Wong serves as the Director of the School of Public Health and Primary Care and as the Associate Dean (Education) at the Faculty of Medicine at

CUHK. Professor Wong's research interests primarily focused on the evaluation and development of mental health interventions in primary care and the evaluation of primary care services.

Professor Wong has served the Hong Kong SAR Government in various capacities, including as a member of the Steering Committee of the Primary Care Development. He has also been involved in Education and Accreditation Committees and Council member for the medical and dental council respectively. Currently, he is the Vice-President of the Hong Kong College of Family Physicians and the Hong Kong College of Community Medicine and provides clinical services in Family Medicine for the Hospital Authority as an Honorary Consultant.



#### Panellist Dr. Esther Yu

Chief Manager, Primary Healthcare Commission, Health Bureau

Dr. Esther Yu is a Specialist in Family Medicine, currently working as the Chief Manager in the Primary Healthcare Office of the Health Bureau. Her main responsibilities include ensuring the quality and standards of primary care services through development of reference frameworks for primary care setting and overseeing training to primary healthcare professionals.

Prior to her service at the Health Bureau, Dr. Yu held the position of Clinical Assistant Professor at the Department of Family Medicine and Primary Care, the University of Hong Kong between 2012 and 2022. Her main research interest was the development and implementation of primary healthcare service, focusing on multi-disciplinary management of chronic diseases such as hypertension, diabetes and prediabetes. She conducted 8 research projects as principal investigators including 3 full grants from the Health and Medical Research Fund, published over 50 papers in indexed peer-review journals and won over 15 research awards in international and local conferences and academic institutes. Her most well-known work was the evaluation of the quality of care, effectiveness and cost-effectiveness of the Risk Assessment and Management Programmes of the Hospital Authority.



#### Panellist Professor Gilberto Leung

Education Co-convenor, Comprehensive Primary Healthcare Collaboratory Associate Dean (Teaching and Learning), Clinical Professor, Department of Surgery, School of Clinical Medicine, HKUMed

Professor Gilberto Leung is Tsang Wing-Hing Professor in Clinical Neuroscience at the University of Hong Kong (HKU) and Honorary Consultant Neurosurgeon at Queen Mary Hospital. He graduated from the University of London with M.B.B.S. in 1992. He joined HKU in 2005

where he obtained his MS, PhD, and MD. He holds an Intercalated BSc in Physical Anthropology and an LLB from the University of London, and an LLM in Medical Law and Ethics with Distinction from the University of Edinburgh. He is currently President of the Hong Kong Academy of Medicine, Associate Dean (Teaching & Learning) of his medical faculty, and Co-Director of Centre for Medical Ethics and Law at HKU. His clinical and research interests cover endoscopic neurosurgery, neurooncology, neuroprotective therapy, medical education, and medical law and ethics, having published 214 peerreviewed journal articles, 13 book chapters, and over 71 other publications.



#### Panellist Professor Cynthia Whitehead

Professor, Department of Family and Community Medicine, University of Toronto

Professor Cynthia Whitehead, MD, PhD is Professor in the Department of Family and Community, University of Toronto Medicine and Director and Scientist at the Wilson Centre for Education Research, Temerty Faculty of Medicine and University Health Network. She is an active practicing family doctor and clinical teacher in Toronto (Women's College Hospital) and in Yellowknife, Northwest Territories. Dr.

Whitehead is the BMO Financial Group Chair in Health Professions Education Research at University Health Network.

Dr. Whitehead obtained her PhD and MScCH from the University of Toronto, MD from McMaster University, and AB honors from Harvard University. She has held many education leadership positions over the course of her career. She has also provided education consultations, taught, and collaborated with colleagues in many countries across Asia, Africa, Europe, North America, and South America.

Cynthia's research examines the effects of power relations on various structures, systems, processes, and practices in health professions education, paying attention to who and what is advantaged or disadvantaged as a result. She uses her research to promote health and education practices that are compassionate, equitable, and effective. Some of her specific content areas of interest are family medicine education, globalized medical education, accreditation, outcomes-based education, and education for collaboration. Cynthia is involved in research, scholarly capacity building, teaching, curricular design, program evaluation, and education administration locally, nationally, and internationally.



#### Moderator Professor Julie Chen

Assistant Dean (Student Wellness & Engagement) Chief, Undergraduate Education, Department of Family Medicine and Primary Care, School of Clinical Medicine, Director, Medical Ethics and Humanities Unit, School of Clinical Medicine, HKUMed

#### **Plenary Session 6**

## Local Solutions for Global Issues –

Community Ownership of Health Measures

Date 9 November 2024 | Time 15:15-16:45 | Venue Lecture Theatres 3-4



#### Speaker Ms. Marlou de Rouw

Board Member, The Constellation

Trained as a journalist and anthropologist in The Netherlands, Marlou is approaching life with a curious lens: eager to find out the effects of history and global challenges on local people. She does this through her work and during her travels and hikes in all continents. Marlou is married and mother of four children, who keep her alert for new challenges in today's world.

For more than 20 years, Marlou has been learning with older persons, youth, people living with HIV/ AIDS, islanders, transgender and refugees as they take action on solving their (local) issues. Through the SALT-CLCP approach she stimulates a strength based approach with a rigorous learning attitude, whereby communities take ownership of their problems and solutions.



#### Respondent Dr. Rapeepun Jommaroeng

Instructor, Mahidol University

Dr. Rapeepun Jommaroeng, aka. Ohm is a lecturer at the Department of Community Health, Faculty of Public Health, Mahidol University based in Bangkok Thailand. His published papers and research interests are in the areas of HIV, sexually transmitted infections, noncommunicable diseases, drug use, health literacy, health rights, social protection and health system development among vulnerable

populations such as LGBTIQ+, young girls living with HIV, deaf elderly people and deaf LGBTIQ+, sex workers, and migrant workers. Other works also include social protection, violence and human rights. His class lectures include research methodology, health economics, public health laws, strategic planning, global health and vulnerable populations, sexual orientation and gender identity, project monitoring and evaluation.

He used to work with UNESCO Asia Pacific Regional Bureau for Education, Thai Red Cross AIDS Research Center, Thai National AIDS Foundation, and Raks Thai Foundation. He was/is a consultant for several civil society organizations on both health development and human rights issues with the emphasis of community engagement.

Dr. Jommaroeng has obtained a Ph.D. in Demography. He has 5 master's degrees in public health (MPH), business administration (BMA), public administration (MPA), population and reproductive health research (MA), and mass communication (MA). Also, he has 6 bachelor's degrees in laws (LL.B.), public administration in local administration (BPA), community public health (BPH), journalism and mass communications in broadcasting (BA), English language (BA, 2nd hons.) and in Chinese language (BA).



#### Moderator Professor David Bishai

Public Health Convenor, Comprehensive Primary Healthcare Collaboratory Director and Clinical Professor, School of Public Health, HKUMed



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## **Results from the** Chamber Study<sup>\*1</sup>

\*Significant reduction in nasal symptoms (TNSS) from 5 minutes ( $\rho < 0.05$ ) and ocular symptoms (TOSS) from 10 minutes (p < 0.05) vs. placebo<sup>1</sup>



137 micrograms azelastine hydrochloride/ 50 micrograms fluticasone propionate per actuation Nasal Spray

Dymista<sup>®</sup> provides a 5 minutes' onset of action<sup>1</sup>

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- Dymista<sup>®</sup> achieves onset of action around 2.5 hours before INCS + OAH<sup>1</sup>
- Dymista<sup>®</sup> is about twice as effective as INCS and INAH in reducing rTNSS<sup>2</sup>

minute onset of

action

- INCS + intranasal AZE is one of the 1<sup>st</sup> line treatments of treated symptomatic AR patients in ARIA guideline<sup>3</sup>
- Fixed INCS+INAH is one of the 1<sup>st</sup> line treatments of difficult-to-treat AR in EUFOREA guideline<sup>4</sup>
- Dymista<sup>®</sup> is used to relieve the symptoms of moderate to severe Allergic Rhinitis<sup>\*5</sup>
- \*Seasonal and perennial AR if monotherapy with either intranasal antihistamine or glucocorticoid is not considered sufficient<sup>5</sup>

#### DYMISTA NASAL SPRAY SUMMARY OF PRODUCT INFORMATION

Dymista

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**Dymista** 

Nasal Spray,

137 micrograms/50 micrograms per actuation

at least 120 actuations)

Azelastine hydrochloride/

fluticasone propionate

1 bottle with 23 g

Suspension

1. TRADE NAME: DYMISTA NASAL SPRAY 2. PRESENTATION: Each Dymista nasal spray bottle contains 23 g suspension in 25 ml bottles. One actuation (0.14g) delivers 137 micrograms azelastine hydrochloride (= 125 mcg azelastine) and 50 mcg fluticasone propionate. 3. INDICATIONS: Relief of symptoms of moderate to severe seasonal and perennial allergic rhinitis if monotherapy with either intranasal antihistamine or glucocorticoid is not considered sufficient, 4, DOSAGE: For nasal use only. Adult and adolescents (12 years and older): one actuation in each nostril twice daily (morning and evening). Children below 12 years: not recommended for use in children below 12 years. Elderly population: no dose adjustment required. No data in patients with renal and hepatic impair-ment. 5, CONTRAINDICATIONS: Hypersensitivity to the active substances or to any of the excipients. 6, WARNINGS & PRECAUTIONS: Systemic effects may occur, particularly at high doses for prolonged periods. Potential systemic effect may include Cushing's syndrome, Cushingoid features, adrenal suppression, extensive first-pass metabolism of Dymista Nasal Spray and thus higher systemic exposure of intranasal fluticasone propionate. Reduce intranasal fluticasone formulation to the lowest dose at which effective control of symptoms is maintained. Weigh the possible benefit against risk in patients with tuberculosis, any type of untreated infection, or have had a recent surgical operation or injury to the nose or mouth. Care must be taken in patient transferring from systemic steroid treatment to Dymista Nasal Spray with impaired adrenal function. Visual disturbance may be reported with systemic and topical corticosteroid use. Closely monitor patients with a change in vision or with a history of increased ocular pressure, glaucoma and/or cataracts. Growth retardation has been reported in children. Regularly monitor the growth of adolescents receiving prolonged treatment with nasal corticosteroids. Dymista contains benzalkonium chloride, which may cause irritation of the nasal mucosa and bronchospasm. 7. INTERACTIONS: Avoid concomitant use with ritonavir and other CYP3A4 inhibitors including cobicistat-containing products unless the benefit outweighs the increased risk of systemic corticosteroid side-effects. Care is advised in concomitant use with potent CYP3A4 inhibitors (e.g. ketoconazole), sedative and central nervous medication. 8. PREGNANCY AND LACTATION: No or limited data in pregnant woman. Unknown if the ingredients/metabolites are excreted in human breast milk. Used only if the potential benefit justifies the potential risk. 9. SIDE EFFECTS: Epistaxis. Headache, dysgeusia, unpleasant smell. Reference: HK PI (Aug 2020) Date of preparation: OCT2021 Identifier number: DYMI1021 FULL PRESCRIBING INFORMATION IS AVAILABLE UPON REQUEST.

Abbreviations: AR, allergic rhinitis; ARIA, alergic rhinitis and its impact on ashma; INAH, intranasal antihistamine; INCS, intranasal corticosteroid; OAH, oral antihistamine; TNSS, total nasal symptom score; TOSS, total ocular symptom score; rTNSS, reflective total nasal symptom score; AZE,azelastine; EUFOREA, European Forum For Research And Education In Allergy And Airway Diseases

References: 1. Bousquet J, et al. Onset of Action of the Fixed Combination Intranasal Azelastine-Fluticasone Propionate in an Allergen Exposure Chamber. J Allergy Clin Immunol Pract. 2018; 6(5): 1726-1732.e6. 2. Netzer E, et al. Int Arch Allergy Immunol. 2013; 161(4): 369-377. 3. Bousquet J, et al. Next-generation Allergic Rhinitis and Its Impact on Asthma (ARIA) guidelines for allergic rhinitis based on Grading of Recommendations Assessment, Development and Evaluation (GRADE) and real world evidence. J Allergy Clin Immunol. 2020; 145(1): 70-80. 4. European Forum For Research and Education In Allergic and Airway Diseases (EUFOREA). Pocket guide Allergic Rhinitis. EUFOREA; 2020. 5. Dymista® Nasal Spray Prescribing Information: Version August 2020.

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5.00

Gleneagles Hospital HONG KONG 港怡醫院 Gleneagles Healthcare 港怡醫療

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3個月或 以上適用<sup>1</sup>

\*適用於年齡3個月或以上,有種度至中度濕疹而不建議或不宜使用外用類固醇治療的人士。 參考資料: 1. Elidel<sup>®</sup> (pimecrolimus) Prescribing Information: Version September 2022. 2. Luger T, et al. *Eur J Dermatol.* 2013;23(6):758-766. 3. Jensen JM, et al. J Allergy Clin Immunol. 2009;123(5):1124:33. 4. Aschoff R, et al. *Exp Dermatol.* 2009;18(1):24-9. Elidel<sup>®</sup> 標準得<sup>®</sup> 乃醫生成方藥物, 藥物的成效和副作用可能因使用者的身體狀況及個別症狀而有所不同。詳情請向醫生或藥劑節查詢。 ■ 輕對素管理有限公司 香港關魚浦華關路198號港島東中心24種2401-07812至 電話: (852) 2290 7100 傳真: (852) 2673 0008 編址; www.viatris.com © 2023 VIATRIS – All Rights Reserved PM-ELI-23-082401 Oct 2023





### **NEW GENERATION VACCINE to**

## **PREVENT SHINGLES**







**87.7**%<sup>2</sup> (95% CI: 84.9-90.1)

Efficacy lasts for



HZ = Herpes zoster HZV = Herpes zoster vaccine

A Efficacy adults aged 50 years or above
• Efficacy adults aged 50 years or above
• Study design: ZOSTER-049 is a phase III open-label, long-term follow-up trial from two pivotal phase III randomised clinical trials (ZOE-50, ZOE-70). The trial evaluated the efficacy, safety, and immunogenicity in adults 50 years and over at time of vaccination, for six additional years after completion of the ZOE-50 and ZOE-70 trials, up to approximately 11 years of follow-up. ZOSTER-049 included over 7,000 participants from 18 countries across five continents, with vaccine recipients compared to historical controls. From 1 month after the second dose of Shingrix, the vaccine efficacy was 87,73% (95% CI: 84,9-90.1).

For Shingrix Full Prescribing Information, please scan the below please sc QR code



References: 1. GlaxoSimithKline, Shingrix Hong Kong Prescribing Information, GDS06, 2. Abstract;Strezova A;ECCMID;2024;1–5.

Indication statement<sup>1</sup>: Shingrix is indicated for prevention of herpes zoster (HZ) and post-herpetic neuralgia (PHN), in: adults 50 years of age or older; adults 18 years of age or older at increased risk of HZ. The use of Shingrix should be in accordance with official recommendations.

Safety information Shingrix has clinically acceptable safety and tolerability profile. Contraindications: Hypersensitivity reactions to the active substances or other components of the vaccine. Adverse reactions:

Local reactions at the injection site (pain, redness, swelling, itching) and systemic symptoms such as headached un service in factor site (unin realizes, and and in the service) and source in service in the service of the service of the service in th For adverse event reporting, please call GlaxoSmithKline Limited at (852) 3189 8989 (Hong Kong) [or (853) 2871 5569 (Macau)], or send an email to us at HKAdverseEvent@gsk.com. Please read the full prescribing information prior to administration. Full Prescribing Information is available upon request. GlaxoSmithKline Limited. Suites 1004-10, 10/F, Tower 6, The Gateway, 9 Canton Road, Tsim Sha Tsui, Kowloon, Hong Kong

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PM-HK-SGX-PSTR-240008(09/2026) Date of preparation: 10 Oct 2024



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**Exceptional Efficacy Against RSV-LRTD** for Your Patients Aged 60 Years and Older<sup>2</sup>

**OVERALL EFFICACY IN PROTECTING\*** AGAINST RSV-LRTD

> % **PRIMARY ENDPOINT** (96.95% CI, 57.89, 94.08)

AREXVY (7 cases out of 12,466), placebo (40 cases out of 12,494)

**EFFICACY IN PROTECTING\* AGAINST RSV-LRTD** FOR PATIENTS WITH AT LEAST 1 COMORBIDITY **OF INTEREST** 

> SECONDARY ENDPOINT (95% CI, 65.88, 99.87)

AREXVY (1 case out of 4937), placebo (18 cases out of 4,861)

Arexvy is indicated for active immunisation for the prevention of lower respiratory tract disease caused by

#### Respiratory Syncytial Virus (RSV) in adults 60 years of age and older<sup>2</sup>

#### Study Design<sup>2</sup>:

The efficacy of AREXVY against RSV-associated LRTD in adults 60 years and older was evaluated in an ongoing phase 3 study, where randomised participants received 1 dose of AREXVY (n=12,466) or placebo (n=12,494). Median follow-up for this analysis was 6.7 months.

:ination may not protect all recipients.<sup>2</sup> orbidities of interest<sup>1</sup>: chronic obstructive pulmonary disease (COPD), asthma, any chronic respiratory/pulmonary disease, chronic heart failure, diabetes mellitus type 1 or type 2, and advanced liver or renaldisease (endocrinometabolic). Reference: 1. Drugs Database, Drug Office, Hong Kong, Accessed 25 Sep 23. https://www.drugoffice.gov.hk/eps/drug/productSearchOneFieldAction. 2. Arexvy Hong Kong Prescription Information.

Safety Information: Contraindications: Hypersensitivity to the active substances or to any of the excipients. Special warnings and precautions for use: Do not administer the vaccine intravascularly or intradermally. As with other inframuscular injections, Arexyy should be given with caution to individuals with thrombocytopenia or any coagulation disorder since bleeding may occur following intramuscular administration to these individuals. Patients receiving immunosuppresive treatment or patients with immunodeficiency may have a reduced immune response to Arexyy. **Undesirable effects:** The most commonly reported adverse reactions were injections site pain, fatigue, myalgia, headache,

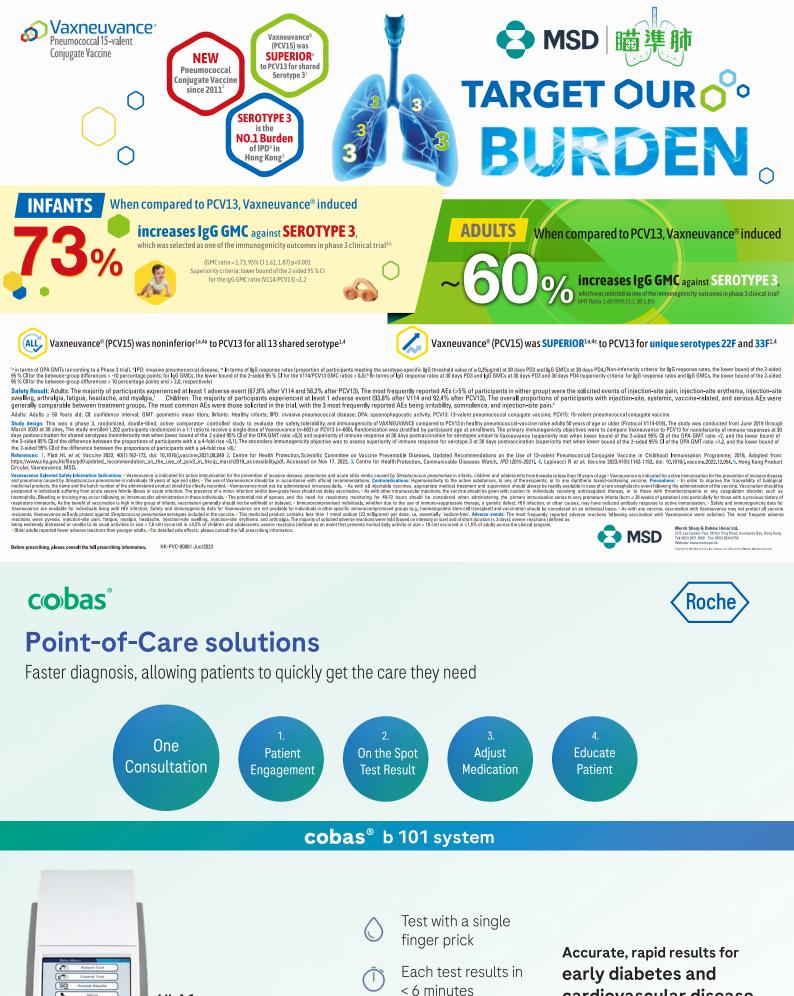


For Arexvy Prescribing Information, please scan the QR code

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temperature

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cobas b 101

Roche

Lipids

CRP

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Room 250-254, 2/F, Academic Building, 3 Sassoon Road, Pokfulam (經天橋連接瑪麗醫院 Footbridge linking to Queen Mary Hospital)



### 香港大學社區藥房 HKUMed Community Pharmacy

香港大學社區藥房於2024年創立,位於瑪麗醫院旁邊的港大醫學院校園。本藥房由港大醫學院藥理及藥劑學系的藥劑師主理,亦是 全港首間大學營運的教學社區藥房。我們致力於提供專業及創新的臨床及社區藥房服務,加強跨專業研究與教育及推廣基層醫療。

HKUMed Community Pharmacy was established in 2024 and is managed by Pharmacists from the Department of Pharmacology and Pharmacy of HKUMed. We are the first university teaching community pharmacy in Hong Kong, which is located on HKUMed Campus next to Queen Mary Hospital (QMH). Our goal is to promote innovative interprofessional teaching, research and service models, and to strengthen the role of pharmacists in primary healthcare in Hong Kong.

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